

Bereavement supports

Please view the following options for information on bereavement supports.

St Andrew's Hospice

St Andrew's Hospice, bereavement support is available to the people of Lanarkshire. The bereavement service has been set up and developed to offer confidential support and counselling for people who have experienced bereavement. This service is also for children who have lost a parent or a grandparent. One-to-one support and counselling is offered by the Support Services team at St. Andrew's Hospice.

For more information visit: <https://www.st-andrews-hospice.com/> or call 01236 766951.

Strathcarron Hospice

The hospice offers support to adults whose loved ones received care provided by the Hospice, Hospice@Home nursing team, Day Care or with our Community Clinical Nurse Specialists.

For more information visit: <https://www.strathcarronhospice.net/> or call the Patient and Family Support Team on 01324 826222.

Cruse Bereavement Scotland

Cruse Bereavement Care Scotland provides professional support for bereaved adults, children and families across Scotland. At some stage in our lives, we all experience bereavement, whether it's the death of a parent, a relative, a friend or a child. Sometimes the feelings of despair, loneliness, anger or even guilt can overwhelm us, so much so that we need help.

If you want to talk in confidence about your grief, you can call The National Bereavement Helpline which is open to anyone in Scotland.

Helpline: 0808 802 6161 (calls to this number as free) or alternatively email: support@crusescotland.org.uk

The Haven Centre

The Haven centre provides adult, children and young people services. This includes support sessions, activity groups, wellbeing sessions and signposting. They have 3 drop-in centres one of which is located in Wishaw.

For more information visit: <https://www.thehavencentre.com/>

If you would like to talk to someone, please call the Haven Support Team between 10 am and 4pm, Monday to Friday on 01555 811846.

You can also email: info@thehavencentre.com