

## Getting out and about in the community

### **The Disabled Persons Railcard**

The Disabled Persons Railcard is for people with a disability that makes travelling by train difficult. You will get 1/3rd off rail tickets. If the person you care for has a Disabled Persons Railcard you will be able to get 1/3rd off your ticket too (this is for anyone travelling with them – you don't need to prove you are a carer). You can get a discount at any time of day.

### **National Entitlement Card**

The person you care for may be entitled to free bus travel with the National Entitlement Card if they are registered disabled, they are blind or partially sighted, deaf or unable to speak. They can't walk very far because of a disability, illness or injury or don't have arms or can't use their arms.

To find out more information or apply visit <https://www.mygov.scot/disabled-bus-pass/>

### **Travelling with the person you care for:**

If you need to travel with a companion, they're entitled to travel for free if your National Entitlement Card has the Companion Travel logo on it. Please note you will require some evidence of this when completing the application.

### **The Companion Card**

The Companion Card is issued to people with a significant or profound, permanent disability, who can demonstrate that they are unable to access most community activities and venues without high-level attendant care support. The card will allow their carer to travel with them.

To apply visit: <https://www.mygov.scot/disabled-bus-pass/travelling-with-a-companion/>

## **MyBus**

MyBus is a bookable bus service offering door-to-door transport in your area. MyBus can be used for shopping, GP appointments, visiting friends, attending local clubs, and much more. MyBus will pick you up and drop you off as close as possible to your destination. All vehicles are low-floor and wheelchair friendly. The driver will give assistance to board the bus from the pavement. However, the driver is unable to provide assistance from your home to the bus. MyBus will pick you up and drop you off as close as possible to your destination.

For more information visit <http://www.spt.co.uk/bus/mybus/>

For enquiries, new registrations or to cancel your journey please call 0345 128 4025.

## **Mobility Hub - Motherwell and Coatbridge**

This service is provided by The Health & Wellness Hub and supports people of all ages who have mobility difficulties (either in the short or long term) by providing a range of easy to use portable scooters, wheelchairs and power chairs, which give people their independence back and allow them to access town Centre shopping, meet friends and enjoy leisure activities. It is open Monday to Friday from 9am to 4pm.

For more information, please contact your local Mobility Hub site: 89 Merry St, Motherwell - Tel: 01698 303199. Exchange Place, Coatbridge -Tel:01236 605795

## **Wheel Chair Hire Service**

The Health and Wellness Hub provide a hire service on a selection of wheelchairs and portable scooters that are easily dismantled and will fit most cars.

Please call 01698 262437 for further details on this service.

## **Blue Badge**

Blue Badges help people with disabilities or health conditions park closer to their destination. You can apply for a badge for yourself, on behalf of somebody else or an organisation that transports people that need a Blue Badge.

For more information or to apply for a blue badge please visit:

<https://www.northlanarkshire.gov.uk/benefits-and-money/blue-badge-scheme>