

Hints and tips about positioning a rotating bath seat

Rotating bath seats can be positioned at either end of your bath. The picture shows the seat positioned at the sloping end of the bath (opposite to the tap end).



If you wish to have your seat at this end please make sure you consider any obstructions which may prevent you from sitting comfortably in the seat and also that may be in the way when trying to swing your legs into the bath. This position is used to help those who have difficulty getting their legs into the bath but would mainly stand to shower. It is also useful for those who wish to sit as they wash their lower limbs; however, you may need an extended hose to wash the soap off etc. You may also need a grab rail along your bath side to help you when walking in the bath to the shower controls, and also you may wish to have one fitted by your shower controls to steady you whilst you turn your shower on and off.

If you wish to have your seat at the tap/shower end of the bath you will also need to be aware of obstructions, however you can remain seated whilst you shower. You will need to be able to stand to operate your controls and then turn through 180 degrees to sit

down. You may consider having a grab rail fitted to help steady you whilst turning. If you cannot turn to reach your controls you may wish to have these controls moved.

Additional options you may wish to consider

- > Always make sure that you use a good quality bath mat and that the suckers are securely pressed to the bottom of the bath to help prevent slipping.
 - > If you do not wish to fix the shower-head permanently in a low position, you can purchase an extra-long shower hose which will allow you to adjust the height. These are available from many local hardware stores, such as B&Q.
 - > An additional bracket could be fixed to where you want the shower head to be. **Caution** – an additional bracket can be helpful, however please ensure the shower hose is directed into the bath to avoid slipping when getting in and out.
 - > If you struggle to turn on the shower when in the bath, you may want to try turning on the shower before getting in.
- Warning** – the bottom of the bath may become slippery when the shower is switched on, please be careful when moving around in the bath.