



Manufacturers of Medical and Healthcare Equipment

Easyrail® Bed Grab Rail Instructions

Introduction

The OTS Easyrail® Bed Grab Rail is an aid to help clients independently move themselves into a sitting position and to assist when leaving or entering a domestic slatted base bed. All OTS Bed Grab Rail products exceed the relevant sections (Dimensions of side rails/grab handles) of the recently published European Standards BSEN1970:2000.

Fitting Instructions for Single Easyrail® Bed Grab Rail (RAIL250)

1. Remove the clip pins from the handle.
2. Take the handle and ensure that you align the holes of the handle with the base frame lug that also has 2 holes. Push the handle fully down onto the two lugs.
3. Take the security clip pins and push one through each hole in the handle until the clip wings fit around the handle. Each pin end should protrude through the far side.
4. Lift or remove the mattress from the bed and place the rail against the inside of the bed frame. The handle should be placed where the user can easily reach it in a lying position.
5. Replace the mattress and ensure the rail is sitting securely. The product is now ready to use.

Fitting Instructions for Double Easyrail® Bed Grab Rail (RAIL450)

1. Remove the clip pin from each of the two grab handle sections
2. Take each handle in turn, aligning the hole on the side of the handle with the base frame lug which also has a hole. Push the handle fully down onto the two lugs. Position the clip pin to secure the handle. Repeat with the second handle.
3. Remove the mattress from the bed and place the two base frames with handles on the slatted base. Remove the grey retaining clips from the base frame sections. Insert the two length adjuster tube sections, which have a series of regular holes.
4. Adjust so that the two grab handle sections are sitting against the insides of the bed frame. The handles should be placed where the user can easily reach them in a lying position.
5. Once the rail is correctly positioned, insert one grey retaining clip onto each of the four base frame tubes, where the holes align, to secure the length adjuster tubes.
6. Replace the mattress and ensure the rail is sitting securely. The product is now ready to use.

Cleaning instructions

The devices are best cleaned with a damp cloth using a non-abrasive cleaning fluid, and then dried to remove any trace of residue.

The device should not be immersed in cleaning fluids, dip tanks etc.

Single Easyrail® Bed Grab Rail Grab Rail dimensions



Product Code: RAIL250
Width: 445 mm (17.5")
Handle Height: 470mm (18.5")

Client weight guideline: 127kg (20 st)
Length: 670 mm (26.5"),
Weight 3.4kg

Double Easyrail® Bed Rail Grab Rail dimensions

Product Code No: RAIL450
Width: 445 mm (17.5")
Handle Height: 470 mm (18.5")

Client Weight Guideline: 127kg (20 st.)
Length: 972mm (38") min., 1575mm (62") max.
Weight 6.85kg

Safety precautions

The Easyrail® Bed Grab Rail is designed as an aid to help clients move themselves independently into a sitting position and to assist when leaving or entering a slatted base domestic bed.

The device should be placed under the mattress in a position where the client can reach the handle without overstretching.

These devices were designed to fit onto slatted base type beds. Please contact us for details of an alternative version for regular divan base (i.e. box spring) type beds.

The Easyrail® Bed Grab Rail was not designed as a restraint system to prevent clients who are suffering from dementia, or are abnormally restless sleepers, falling from or leaving the bed incorrectly.

If you have patients that are at risk due to reduced mental ability and awareness, from age or from medication, an all-round rail system should be considered (after discussing with your Safety Risk/Manual Handling Officer/Purchase Officer).

The Easyrail® Bed Grab Rail is not suitable for mattresses of a thickness less than 50mm (2").

The Easyrail® Bed Grab Rail is not suitable for very young children, as they may view the device as a play/climbing frame. The device was not designed as a piece of exercise equipment.

The client's carer/relatives should ensure that the device is always placed firmly in position, and is always put back in the original position specified by the advisor at the time of their home assessment after changing bedding/sheets etc.

Please do not hesitate to contact us if you have any further questions. We are here to help you.